

KIDS

Kindness Calendar December 2022

THANK YOU
FOR YOUR
KINDNESS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Yippee, the festive season is here once more Time to spread good cheer and kindness galore Let's take a moment to brighten someone's day And in their hearts, and ours, a warm glow will stay by @words_by_helen			1st Share this Calendar with your friends and family to inspire them to join in	2nd Smile all day long	3rd Put your screens away and play a board game instead	4th Go for a walk in nature with your family
5th Tell each of your classmates one thing you really like about them	6th Write a thank you note to someone who has done something nice for you	7th Give toys you no longer play with to charity	8th Ask your teacher if you can help them with a task	9th Video call or speak to an elderly relative	10th Make cards for your family	11th Tidy your bedroom without being asked
12th Pick up playground litter, wearing gloves or using a litter-picker	13th Invite someone who's alone to join in your game	14th Feed your pet or the birds	15th Tell funny jokes to make everyone laugh	16th Sit with someone new at lunchtime	17th Make your teacher a thank you card	18th Switch off your electronic games and play outside
19th Let someone go first in a game	20th Read a book to someone in your family	21st Turn off the water while brushing your teeth	22nd Give lots of hugs to everyone in your household!	23rd Ask your parents if you can help them with anything	24th Think of your own kindness act and do it!	25th Have a brilliant day, and remember you are AMAZING

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