

KIDS

Kindness Advent Calendar 2022

THANK YOU
FOR YOUR
KINDNESS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Yippee, the festive season is here once more Time to spread good cheer and kindness galore Let's take a moment to brighten someone's day And in their hearts, and ours, a warm glow will stay by @words_by_helen			1st	2nd	3rd	4th
			Share this Calendar with your friends and family to inspire them to join in	Smile all day long	Put your screens away and play a board game instead	Go for a walk in nature with your family
5th	6th	7th	8th	9th	10th	11th
Tell each of your classmates one thing you really like about them	Write a thank you note to someone who has done something nice for you	Give toys you no longer play with to charity	Ask your teacher if you can help them with a task	Video call or speak to an elderly relative	Make Christmas cards for your family	Tidy your bedroom without being asked
12th	13th	14th	15th	16th	17th	18th
Pick up playground litter, wearing gloves or using a litter-picker	Invite someone who's alone to join in your game	Feed your pet or the birds	Tell funny jokes to make everyone laugh	Sit with someone new at lunchtime	Make your teacher a thank you card	Switch off your electronic games and play outside
19th	20th	21st	22nd	23rd	24th	25th
Let someone go first in a game	Read a book to someone in your family	Turn off the water while brushing your teeth	Give lots of hugs to everyone in your household!	Ask your parents if you can help them with anything	Think of your own kindness act and do it!	Have a brilliant day, and remember you are AMAZING

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