

KIDS

Kindness Calendar December 2019

1st
Share this calendar with your friends and family to inspire them to join in

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|--|--|---|
| 2nd Give out free hugs all day long | 3rd Pick up playground litter - with a litter-picker or with gloves on | 4th Go for a walk in nature with your family | 5th Tell each of your classmates one thing you really like about them | 6th Turn off the water while brushing your teeth | 7th Play a board game with your friends or family | 8th Make 'I love you' cards for your family |
| 9th Tell funny jokes to make everyone laugh | 10th Sit with someone new at lunchtime | 11th Let someone go first in a game | 12th Write a thank you note to someone who has done something nice for you | 13th Give toys you no longer play with to charity | 14th Tidy your bedroom without being asked | 15th Switch off your electronic games and play outside |
| 16th Smile all day | 17th Ask your teacher if you can help them with a task | 18th Invite someone who's alone to join in your game | 19th Make your teacher a 'thank you' card | 20th Read a book to someone in your family | 21st Ask your parent/s if you can help them with anything | 22nd Feed your pet or the birds |
| 23rd Think of your own kindness act and do it! | 24th Visit an elderly neighbour or relative | 25th Have a brilliant day and remember: you are AMAZING! | "Be a little kinder than you have to." - E. Lockhart | | | Thank you for your kindness |

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