

KIDS

Kindness Advent Calendar 2019

1st

Share this calendar with your friends and family to inspire them to join in

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2nd Give out free hugs all day long	3rd Pick up playground litter - with a litter-picker or with gloves on	4th Go for a walk in nature with your family	5th Tell each of your classmates one thing you really like about them	6th Turn off the water while brushing your teeth	7th Play a board game with your friends or family	8th Make Christmas cards for your family
9th Tell funny jokes to make everyone laugh	10th Sit with someone new at lunchtime	11th Let someone go first in a game	12th Write a thank you note to someone who has done something nice for you	13th Give toys you no longer play with to charity	14th Tidy your bedroom without being asked	15th Switch off your electronic games and play outside
16th Smile all day	17th Ask your teacher if you can help them with a task	18th Invite someone who's alone to join in your game	19th Make your teacher a 'thank you' card	20th Read a book to someone in your family	21st Ask your parent/s if you can help them with anything	22nd Feed your pet or the birds
23rd Think of your own kindness act and do it!	24th Visit an elderly neighbour or relative	25th Have a brilliant day and remember: you are AMAZING!	"Be a little kinder than you have to." - E. Lockhart			Thank you for your kindness

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